

TMJ DISORDER, FACIAL PAIN, HEADACHE AND MIGRAINE QUESTIONNAIRE

Name:		Date:	Age:	Sex:
Signature:			Birthdate:	
1.	Do you have pain in the face, neck or shoulder?	Yes	No	
2.	Do you experience headaches or migraines?	Yes	No	
3.	Do you have recurring tooth pain or sensitivity?	Yes	No	
4.	Do you have ringing, fullness or pain in your ears?	Yes	No	
5.	Do you have difficulty opening your mouth or does your jaw get "stuck" or locked?	Yes	No	
6.	Do you have any clicking or popping in your jaw?	Yes	No	
7.	Does your jaw joint create any noise, such as grating?	Yes	No	
8.	Do you have difficulty or pain with chewing, talking or yawning?	Yes	No	
9.	Do you grind or clench your teeth? (during the day or night)	Yes	No	
10.	Do you have any history of arthritis?	Yes	No	
11.	Do your jaw muscles ever get tired, or ache?	Yes	No	
12.	Do you have difficulty swallowing pills?	Yes	No	
13.	Do you have any history of trauma to your head or jaw?	Yes	No	
14.	Have you been in a motor vehicle accident?	Yes	No	
15.	Have you had any previous treatment for your jaw joint (TMJ disorders)?	Yes	No	
16.	Do you constantly clear your throat?	Yes	No	
17.	Do you snore?	Yes	No	
18.	Do you have difficulty sleeping through the night?	Yes	No	
19.	Do you feel anxious or on edge?	Yes	No	
20.	Did a Doctor ever tell you your symptoms are "just all in your head"?	Yes	No	

Dental Signs of Possible Sleep Disordered Breathing

1. Tori (a) Upper _____ (b) Lower _____
2. Abfraction(s) (teeth #'s) _____
3. Recession (teeth #'s) _____
4. Occlusal wear (teeth #'s) _____
5. Missing teeth (teeth #'s) _____
6. Fractured teeth or crowns (teeth #'s) _____
7. Enlarged tongue _____ Rolled Tongue _____ Scalloped Tongue _____
8. Crowded lower incisors _____
9. Narrow jaws _____
10. High palatal vault _____
11. Maxillary 2nd molar buccal to 1st molar _____
12. Abnormal frenum Attachments: Upper _____ Lower: _____

Max opening:		mm	w/pain	w/o pain	(Normal 48-52 mm)
Lateral Excursion:	R	mm	L	mm	(Normal 12mm)
Protrusive Excursion		mm	Deviation:	Right Left	(_____ mm)
Clicking:	Right	Left	Crepitus	Right Left	
Deflection upon opening:	Right	Left			

Malampati Classification (show picture of classification):

